

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	300	ROBIN HULME	M	MSEN	BRAMHALL RUNNERS	00:35:26	00:35:26		1	1	1
2	203	JAMES BARNETT	M	MV40	STOCKPORT HARRIERS & AC	00:36:18	00:36:15		2	1	1
3	86	DANIEL SUTTON	M	MSEN	STOCKPORT HARRIERS & AC	00:36:28	00:36:27		3	2	2
4	388	PAUL BROOKS	M	MV45	STOCKPORT HARRIERS & AC	00:37:11	00:37:10		4	1	3
5	322	BEN LEWY	M	MSEN		00:37:18	00:37:17		5	3	
6	250	ELINOR KIRK	F	FSEN		00:37:24	00:37:23	1		1	
7	141	IAIN MURDOCH	M	MV45	STOCKPORT HARRIERS & AC	00:37:44	00:37:44		6	2	4
8	43	JOHN MYERS	M	MV45	RUN SANDYMOOR	00:38:32	00:38:30		7	3	1
9	321	GEORGE SUMMERVILLE	M	MSEN	POYNTON RUNNERS	00:38:48	00:38:48		8	4	1
10	287	MARTIN COOKE	M	MSEN		00:38:51	00:38:49		9	5	
11	248	BRUCE ROBERTS	M	MSEN	STOCKPORT HARRIERS & AC	00:38:56	00:38:55		10	6	5
12	237	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	00:39:00	00:38:59		11	7	1
13	254	ADAM MUIR	M	MSEN		00:39:04	00:39:04		12	8	
14	336	PHILIP BURNS	M	MV40	STOCKPORT HARRIERS & AC	00:39:27	00:39:25		13	2	6
15	82	DIANE MCVVEY	F	FV45	WILMSLOW RUNNING CLUB	00:39:37	00:39:36	2		1	1
16	231	PAUL OAKLEY	M	MV55	GOYT VALLEY STRIDERS	00:40:28	00:40:25		14	1	1
17	317	FAYE JASMINE WATERHOUSE	F	FSEN	STOCKPORT HARRIERS & AC	00:40:34	00:40:33	3		2	1
18	244	RICHARD OSULLIVAN	M	MSEN		00:40:35	00:40:33		15	9	
19	174	NEIL BYRNE	M	MV50	RUN SANDYMOOR	00:41:10	00:41:08		16	1	2
20	217	STEPHEN PEARSON	M	MSEN		00:41:19	00:41:17		17	10	
21	427	ANDY LEE	M	MV45	POYNTON RUNNERS	00:41:22	00:41:22		18	4	2
22	259	ROB HALL	M	MSEN	STOCKPORT HARRIERS & AC	00:41:23	00:41:21		19	11	7
23	393	RACHEL COLLEY	F	FSEN		00:41:30	00:41:26	4		3	
24	131	NATHAN MAYOH	M	MV50		00:41:32	00:41:31		20	2	
25	359	SEAN O'SULLIVAN	M	MSEN		00:41:33	00:41:30		21	12	
26	245	BEN OSULLIVAN	M	MSEN		00:41:52	00:41:50		22	13	
27	226	JAMES REES	M	MV45	GOYT VALLEY STRIDERS	00:42:02	00:41:59		23	5	2
28	221	RICHARD WILLIAMS	M	MV45	MARPLE RUNNERS	00:42:03	00:42:00		24	6	1
29	85	NICK LIVINGSTONE	M	MSEN		00:42:08	00:42:05		25	14	
30	238	JOE ALLABY	M	MSEN	POYNTON RUNNERS	00:42:15	00:42:14		26	15	3
31	310	ROB CAWLEY	M	MV60	STOCKPORT HARRIERS & AC	00:42:26	00:42:25		27	1	8
32	232	CHARLOTTE ATKINSON	F	FSEN	BLACKBURN HARRIERS & AC	00:42:42	00:42:39	5		4	1
33	50	STEPHEN BRUNDRETT	M	MV55	BRAMHALL RUNNERS	00:42:51	00:42:49		28	2	2
34	422	MARK NEWMAN	M	MSEN		00:42:52	00:42:50		29	16	
35	173	JOHN MOORE	M	MV55	GOYT VALLEY STRIDERS	00:42:54	00:42:49		30	3	3
36	230	ROB LILLEY	M	MV50	POYNTON RUNNERS	00:43:10	00:43:09		31	3	4
37	74	ROBERT HOLLAND	M	MSEN		00:43:11	00:43:07		32	17	
38	202	JACK PHILLIPS	M	MSEN		00:43:19	00:43:08		33	18	
39	417	SARAH GIBBINS	F	FSEN	POYNTON RUNNERS	00:43:20	00:43:18	6		5	1
40	318	WAYNE GRANT	M	MV45	GOYT VALLEY STRIDERS	00:43:21	00:43:17		34	7	4
41	376	DAVID GEE	M	MV70	MANCHESTER HARRIERS & AC	00:43:23	00:43:20		35	1	1
42	351	ADAM NORTH	M	MSEN		00:43:26	00:43:22		36	19	
43	265	DAVID THOMSON	M	MV40		00:43:26	00:43:08		37	3	
44	192	CHRIS ROBBO	M	MV45	MARPLE RUNNERS	00:43:32	00:43:29		38	8	2
45	162	JOE DE SOUSA	M	MV55	MACCLESFIELD HARRIERS & AC	00:43:35	00:43:30		39	4	1
46	253	HELEN THOMPSON	F	FSEN	POYNTON RUNNERS	00:43:44	00:43:43	7		6	2
47	14	RICHARD MCKEE	M	MV50	POYNTON RUNNERS	00:43:54	00:43:47		40	4	5
48	273	GARETH MAHER	M	MV40	BRAMHALL RUNNERS	00:44:00	00:43:56		41	4	3
49	126	DAVID LEVIS	M	MV55	POYNTON RUNNERS	00:44:04	00:44:02		42	5	6
50	218	MATT ANTHONY	M	MSEN		00:44:17	00:43:42		43	20	
51	303	THOMAS MCDONALD	M	MSEN		00:44:23	00:44:19		44	21	
52	171	GARETH STOCKDALE	M	MV45	MACCLESFIELD HARRIERS & AC	00:44:26	00:44:20		45	9	2
53	172	KIERAN SMALLBONE	M	MV40	GOYT VALLEY STRIDERS	00:44:28	00:44:23		46	5	5
54	144	MARK NORTON	M	MV50		00:44:44	00:44:36		47	5	
55	209	JONATHAN NORTH	M	MSEN		00:44:56	00:44:52		48	22	
56	312	WILLIAM SNELL	M	MV55	POYNTON RUNNERS	00:45:03	00:45:00		49	6	7
57	89	ROBERT HIRST	M	MV40		00:45:05	00:44:58		50	6	
58	419	GEOFF PETTITT	M	MSEN	POYNTON RUNNERS	00:45:07	00:45:05		51	23	8
59	70	MALCOLM ORRELL	M	MSEN	SALFORD METROPOLITAN AC	00:45:17	00:45:13		52	24	1
60	47	JENNIE PICKARD	F	FV50	STOCKPORT HARRIERS & AC	00:45:19	00:45:15	8		1	2
61	352	STEPHEN DAVISON	M	MV45	CHORLTON RUNNERS	00:45:20	00:45:18		53	10	1
62	247	EDWARD WEATHERALL	M	MSEN	POYNTON RUNNERS	00:45:24	00:45:17		54	25	9
63	183	BEN VICKERS	M	MV40		00:45:29	00:45:16		55	7	
64	340	SCOTT MACDONALD	M	MSEN	POYNTON RUNNERS	00:45:38	00:45:30		56	26	10
65	170	SUE STOCKDALE	F	FV45	MACCLESFIELD HARRIERS & AC	00:45:56	00:45:50	9		2	1
66	246	MARK DONLON	M	MSEN		00:45:57	00:45:49		57	27	
67	60	ANDREW FREER	M	MV45	MARPLE RUNNERS	00:46:05	00:45:57		58	11	3
68	1	PAUL GARNETT	M	MV60	WILMSLOW RUNNING CLUB	00:46:06	00:46:01		59	2	1
69	166	ADRIAN HAZLEHURST	M	MV40	HYDE VILLAGE STRIDERS	00:46:08	00:45:52		60	8	1
70	343	SCOTT GRAHAM	M	MV40		00:46:11	00:46:03		61	9	
71	385	AMY CARR	F	FSEN	MACCLESFIELD HARRIERS & AC	00:46:11	00:46:06	10		7	2
72	283	JAY GRIGSON	M	MV40		00:46:18	00:46:12		62	10	
73	307	LINDSAY BELDERSON	F	FV45		00:46:22	00:46:18	11		3	
74	298	ALAN BOCKING	M	MV65	MANCHESTER HARRIERS & AC	00:46:22	00:46:19		63	1	2
75	309	IAN MULLIGAN	M	MV55	STOCKPORT HARRIERS & AC	00:46:28	00:46:18		64	7	9
76	331	MATT BIGLIN	M	MV60		00:46:31	00:46:26		65	3	
77	353	MATT ROBERTS	M	MV55	LONELY GOAT RC	00:46:33	00:46:23		66	8	1
78	267	PAUL NORRIS	M	MV65	WILMSLOW RUNNING CLUB	00:46:38	00:46:33		67	2	2
79	3	MATTHEW FURNISS	M	MSEN	MARPLE RUNNERS	00:46:41	00:46:36		68	28	4

80	260	MARTIN WOOD	M	MV45	BRAMHALL RUNNERS	00:46:51	00:46:46	69	12	4
81	275	ANDREW GARNER	M	MV50		00:46:55	00:46:41	70	6	
82	8	GLENNIS RICHARDSON	F	FV60	STOCKPORT HARRIERS & AC	00:46:55	00:46:48	12	1	3
83	305	HARRY KELLY	M	MV55		00:46:59	00:46:45	71	9	
84	405	JAMES SAMPLE	M	MSEN		00:47:04	00:46:59	72	29	
85	410	DAVID LAFFERTY	M	MSEN		00:47:11	00:47:05	73	30	
86	27	MATTHEW LOMAX	M	MSEN		00:47:13	00:47:10	74	31	
87	31	NEIL COMMINS	M	MV50	MARPLE RUNNERS	00:47:18	00:47:15	75	7	5
88	360	PHIL JOHNSON	M	MSEN		00:47:21	00:46:56	76	32	
89	79	DAVID OLDFIELD	M	MSEN		00:47:26	00:47:02	77	33	
90	387	STEVE SHAUGHNESSY	M	MV65	STOCKPORT HARRIERS & AC	00:47:30	00:47:28	78	3	10
91	51	GARY YATES	M	MV55		00:47:36	00:47:30	79	10	
92	426	LLOYD O'HARA	M	MSEN	BRAMHALL RUNNERS	00:47:38	00:47:32	80	34	5
93	142	ANTONIO MION	M	MV55	RUNNING BEAR	00:47:41	00:47:33	81	11	1
94	147	PAUL LOMAX	M	MV60	POYNTON RUNNERS	00:47:42	00:47:39	82	4	11
95	411	JAMES HIRST	M	MSEN		00:47:43	00:47:15	83	35	
96	165	ANT RUSSELL	M	MV40		00:47:58	00:47:42	84	11	
97	384	STEVE BYFORD	M	MSEN		00:48:06	00:47:57	85	36	
98	83	EMILY BINGHAM	F	FSEN	POYNTON RUNNERS	00:48:12	00:48:04	13	8	3
99	25	JAMES NUTTALL	M	MV40		00:48:16	00:47:57	86	12	
100	39	TONY HOLT	M	MV60	LANCASHIRE FIRE & RESCUE SERVICE & A	00:48:23	00:48:17	87	5	1
101	424	CHARLIE KERSHAW	M	MSEN		00:48:25	00:48:10	88	37	
102	335	JANINE ORTON	F	FV40		00:48:29	00:48:25	14	1	
103	407	LUCY ALLABY	F	FSEN	POYNTON RUNNERS	00:48:31	00:48:21	15	9	4
104	320	PAUL INGRAM	M	MSEN		00:48:48	00:48:44	89	38	
105	62	MATTHEW ROBINSON	M	MSEN		00:48:50	00:48:32	90	39	
106	402	DANILO GOMES	M	MV40		00:49:00	00:48:55	91	13	
107	6	ALICE HORSFIELD	F	FSEN		00:49:01	00:48:52	16	10	
108	235	PAUL BAYLEY	M	MV60		00:49:11	00:49:06	92	6	
109	78	DAVID MILES	M	MV50	MAD4HIIT	00:49:14	00:49:10	93	8	1
110	61	HARRISON FREER	M	MSEN		00:49:30	00:49:19	94	40	
111	349	KELLY FOWLER	F	FV40		00:49:43	00:49:34	17	2	
112	404	DANIEL JACKSON	M	MV40	CONGLETON HARRIERS	00:49:49	00:49:41	95	14	1
113	24	REBECCA DAY	F	FV45	GOYT VALLEY STRIDERS	00:49:52	00:49:42	18	4	1
114	355	MIKE DEVERELL	M	MV45		00:49:53	00:49:48	96	13	
115	179	CAROLINE CANTY	F	FV45	BRAMHALL RUNNERS	00:49:57	00:49:51	19	5	1
116	373	MIKE HALL	M	MV60	BRAMHALL RUNNERS	00:49:57	00:49:51	97	7	6
117	326	JAMES BRISBANE	M	MV45	BRAMHALL RUNNERS	00:50:01	00:49:34	98	14	7
118	149	CHRIS SYDDALL	M	MV55		00:50:02	00:49:59	99	12	
119	228	JO EVANS	F	FSEN	BRAMHALL RUNNERS	00:50:04	00:49:58	20	11	2
120	350	EMILY HERD	F	FSEN		00:50:07	00:50:03	21	12	
121	252	PHIL HAROLD	M	MV50	POYNTON RUNNERS	00:50:25	00:50:22	100	9	12
122	381	MARK KNIGHT	M	MV40		00:50:33	00:50:08	101	15	
123	344	CHELSEA MEARS-GRAHAM	F	FSEN	MARPLE RUNNERS	00:50:34	00:50:26	22	13	1
124	332	PHILIP KOK SHUN	M	MSEN		00:50:45	00:50:38	102	41	
125	75	HOLLY LUCAS	F	FSEN	WILMSLOW RUNNING CLUB	00:50:48	00:50:36	23	14	2
126	399	STEPHEN GROVES	M	MV40		00:50:50	00:50:41	103	16	
127	429	PAUL WALLACE	M	MSEN		00:50:53	00:50:50	104	42	
128	49	KAREN WILEMAN	F	FV45	BRAMHALL RUNNERS	00:50:55	00:50:49	24	6	3
129	342	PAUL WHITTAKER	M	MV50	MARPLE RUNNERS	00:51:02	00:50:55	105	10	6
130	295	ANDREA BUCKINGHAM	F	FV55	BRAMHALL RUNNERS	00:51:03	00:50:57	25	1	4
131	330	ANDREW JERRISON	M	MV45		00:51:08	00:50:47	106	15	
132	59	MARTIN LYNCH	M	MV45	MARPLE RUNNERS	00:51:09	00:51:01	107	16	7
133	413	ROB WAKEFIELD	M	MV45		00:51:18	00:51:07	108	17	
134	338	NEIL HURREN	M	MV45	MARPLE RUNNERS	00:51:24	00:51:10	109	18	8
135	400	LILY GROVES	F	FSEN		00:51:27	00:51:18	26	15	
136	90	RICHARD SMITH	M	MV40		00:51:32	00:51:16	110	17	
137	314	MARTIN LINDSAY	M	MV60	STYAL RUNNING CLUB	00:51:33	00:51:12	111	8	1
138	206	LAURA DALTON	F	FSEN		00:51:38	00:51:27	27	16	1
139	139	PAUL ADKINS	M	MV70	BRAMHALL RUNNERS	00:51:39	00:51:31	112	2	8
140	95	MATTHEW JENKINSON	M	MSEN		00:51:41	00:51:28	113	43	
141	272	KELLY GORE	F	FSEN		00:51:47	00:51:13	28	17	
142	414	GARY WENN	M	MV55	POYNTON RUNNERS	00:51:48	00:51:31	114	13	13
143	145	ROGER MARKENDALE	M	MV55	WINSTON RUNNERS	00:51:57	00:51:40	115	14	1
144	421	DAVID BATES	M	MSEN		00:51:59	00:51:41	116	44	
145	369	COLIN MCARDLE	M	MV55	BRAMHALL RUNNERS	00:52:01	00:51:53	117	15	9
146	293	WILL FOTHERINGHAM	M	MV45		00:52:07	00:51:44	118	19	
147	281	ANNA ASHTON	F	FV60	MARPLE RUNNERS	00:52:09	00:51:56	29	2	2
148	333	BETH WHETTON	F	FSEN		00:52:12	00:51:55	30	18	
149	346	CATHERINE WILSON	F	FV55	MACCLESFIELD HARRIERS & AC	00:52:15	00:52:05	31	2	3
150	210	ANTHONY FORD	M	MV40		00:52:17	00:52:00	119	18	
151	279	ANDREW SIMPSON	M	MV40		00:52:23	00:51:56	120	19	
152	255	PAUL WOOD	M	MV65	LONELY GOAT RC	00:52:24	00:52:06	121	4	2
153	347	JASMINE HUGHES	F	FSEN		00:52:25	00:52:07	32	19	
154	190	LESZEK CZERNECKI	M	MV40		00:52:31	00:52:22	122	20	
155	66	ZACH WEAVER	M	MSEN		00:52:33	00:52:21	123	45	
156	420	GRAHAM DEWAR	M	MV55	POYNTON RUNNERS	00:52:41	00:52:23	124	16	14
157	297	JON CAIRNS	M	MSEN		00:52:43	00:52:29	125	46	
158	416	SUSANNAH WILLIAMS	F	FSEN	MARPLE RUNNERS	00:52:47	00:52:19	33	20	3
159	201	STEPHEN PAUL COLE	M	MV50	STOCKPORT HARRIERS & AC	00:52:51	00:52:43	126	11	11

160	160	FRED ADAMS	M	MSEN		00:52:55	00:52:38		127	47	
161	48	HEATHER ROONEY	F	FV50	LYME RUNNERS	00:52:57	00:52:40	34		2	1
162	386	ANDY WATERHOUSE	M	MV40		00:53:05	00:52:26		128	21	
163	34	ELLIOTT LEWIS-GEORGE	M	MSEN		00:53:06	00:52:47		129	48	
164	304	DEB IS KELLY	F	FV50		00:53:08	00:52:54	35		3	
165	294	MIKE HALL	M	MV55	BRAMHALL RUNNERS	00:53:12	00:53:05		130	17	10
166	274	TONY HARDY	M	MV65	POYNTON RUNNERS	00:53:21	00:53:13		131	5	15
167	80	ADAM SIDDALL	M	MSEN		00:53:37	00:53:15		132	49	
168	398	ELISABETH BOWLES	F	FSEN		00:53:43	00:53:27	36		21	
169	208	ALI CLIFF	F	FV40		00:53:44	00:53:28	37		3	
170	348	HANNAH-MAY WEST	F	FV40		00:53:45	00:53:27	38		4	
171	370	NIC MAPES	F	FSEN		00:53:45	00:53:33	39		22	
172	146	KAREN MOLLOY	F	FV50	MARPLE RUNNERS	00:53:46	00:53:32	40		4	4
173	240	LUCINDA STONE	F	FV45	STAFFS MOORLANDS AC	00:53:47	00:53:40	41		7	1
174	394	ANDREA BOOTH	F	FV50	POYNTON RUNNERS	00:53:48	00:53:27	42		5	5
175	72	NICOLA WHITWORTH	F	FV45		00:53:56	00:53:29	43		8	
176	44	JOHN HOUGHTON	M	MV60	RUN SANDYMOOR	00:53:57	00:53:38		133	9	3
177	181	JEN RICHARDSON	F	FSEN		00:54:00	00:53:54	44		23	
178	382	MATTHEW CURRALL	M	MSEN		00:54:00	00:53:52		134	50	
179	315	M^5 MORRIS	M	MV45		00:54:03	00:53:52		135	20	
180	286	DAVID COONEY	M	MSEN		00:54:10	00:53:35		136	51	
181	65	MARK EVANS	M	MSEN		00:54:14	00:53:41		137	52	
182	55	MIKE CROSS	M	MV55		00:54:18	00:53:58		138	18	
183	22	SADIE DE SOUSA	F	FSEN		00:54:21	00:54:02	45		24	
184	186	PHIL HIGGINBOTTOM	M	MV55	DAVENPORT RUNNERS	00:54:24	00:54:17		139	19	1
185	389	PHIL HOLLAND	M	MV55		00:54:25	00:54:01		140	20	
186	204	FRANCES BARNETT	F	FV40		00:54:26	00:54:09	46		5	
187	278	JOANNE FOSTER	F	FV55	MACCLESFIELD HARRIERS & AC	00:54:39	00:54:29	47		3	4
188	188	KATIE SHAW	F	FSEN		00:54:42	00:54:32	48		25	
189	234	CHRIS GUYMER	M	MSEN		00:54:46	00:54:19		141	53	
190	401	SOPHIE HOLLAND	F	FSEN		00:54:47	00:54:29	49		26	
191	205	MARK GODDEN	M	MV65	MACCLESFIELD HARRIERS & AC	00:54:51	00:54:40		142	6	3
192	9	ROSIE CHADWICK	F	FSEN		00:54:51	00:54:29	50		27	
193	371	MATT WESTBROOK	M	MSEN	POYNTON RUNNERS	00:54:54	00:54:44		143	54	16
194	409	ANDREA LEES	F	FV50	POYNTON RUNNERS	00:54:56	00:54:29	51		6	6
195	434	SEAN ADAMS	M	MV55	GOYT VALLEY STRIDERS	00:54:56	00:54:31		144	21	6
196	215	ITA KELLY	F	FV60		00:55:05	00:54:53	52		3	
197	35	ANDREW DENNY	M	MSEN		00:55:09	00:54:52		145	55	
198	150	SHAUN HALL	M	MV45	GOYT VALLEY STRIDERS	00:55:13	00:55:02		146	21	7
199	262	EMMA HURST	F	FV50		00:55:15	00:55:03	53		7	
200	84	SIMON LEES	M	MV50	POYNTON RUNNERS	00:55:18	00:54:51		147	12	17
201	372	CHARLIE WESTBROOK-PLATTS	F	FV40	POYNTON RUNNERS	00:55:21	00:55:09	54		6	7
202	207	LISA ASHWOOD	F	FV50	DISLEY RUNNERS	00:55:23	00:55:11	55		8	1
203	176	JEFF DENNY	M	MV65		00:55:24	00:55:08		148	7	
204	299	BETHANY QUICK	F	FSEN		00:55:26	00:54:57	56		28	
205	193	FAROUK VAWDA	M	MV55	BELLE VUE RACERS	00:55:30	00:55:18		149	22	1
206	397	ELIZABETH BONE	F	FV40		00:55:31	00:54:57	57		7	
207	168	SARAH TURNER	F	FV40		00:55:34	00:55:21	58		8	
208	241	LESLEY RAVEN	F	FV50	DAVENPORT RUNNERS	00:55:38	00:55:31	59		9	1
209	135	RODGER BOOTHMAN	M	MV60	LONELY GOAT RC	00:55:42	00:55:22		150	10	3
210	223	BRUCE MARSHALL	M	MV45		00:55:42	00:55:21		151	22	
211	57	GRACE CAINE	F	FSEN	MOOR ROAD RUNNERS	00:55:43	00:55:10	60		29	1
212	76	MARK HETHERINGTON	M	MV45	POYNTON RUNNERS	00:55:49	00:55:39		152	23	18
213	302	JAMES CUTHBERT	M	MV60		00:55:50	00:55:25		153	11	
214	249	EMMA LOCK	F	FSEN	POYNTON RUNNERS	00:56:00	00:55:38	61		30	8
215	408	C J	F	FV40	POYNTON RUNNERS	00:56:01	00:55:32	62		9	9
216	28	NINA GREEN	F	FV60	STOCKPORT HARRIERS & AC	00:56:01	00:55:31	63		4	4
217	41	JULIA MARIE CARTER	F	FV45	GOYT VALLEY STRIDERS	00:56:05	00:55:55	64		9	2
218	132	IAN RODGER	M	MV60	STOCKPORT HARRIERS & AC	00:56:06	00:55:35		154	12	12
219	18	JO WRIGHT	F	FV45		00:56:16	00:55:47	65		10	
220	363	CHARLOTTE LYDDON	F	FSEN		00:56:16	00:55:53	66		31	
221	430	RACHEL HALDER	F	FSEN		00:56:17	00:56:03	67		32	
222	178	LESLEY JACKSON	F	FV45		00:56:30	00:56:22	68		11	
223	415	REBECCA SIMMONS	F	FSEN		00:56:30	00:56:18	69		33	
224	296	FAYE KENYON-CAIRNS	F	FSEN		00:56:41	00:56:28	70		34	
225	367	CLAIRE LAMB	F	FSEN	POYNTON RUNNERS	00:56:42	00:56:14	71		35	10
226	383	ANDREW BAGSHAW	M	MV55		00:56:46	00:56:14		155	23	
227	334	STEVE JONES	M	MSEN		00:56:46	00:56:11		156	56	
228	152	ELLIOTT EVANS	M	MSEN		00:56:50	00:56:29		157	57	
229	392	KEVIN OFFER	M	MV65	WILMSLOW STRIDERS	00:56:53	00:56:29		158	8	2
230	354	SUSAN BROWNE	F	FV55		00:57:20	00:57:13	72		4	
231	292	HELEN FOTHERINGHAM	F	FV45	POYNTON RUNNERS	00:57:24	00:57:02	73		12	11
232	316	ANN RICHARDSON	F	FSEN	MARPLE RUNNERS	00:57:26	00:57:00	74		36	5
233	418	GAVIN MCKAY	M	MV40	POYNTON RUNNERS	00:57:30	00:57:08		159	22	19
234	42	CHRISTINE HILL	F	FV55	GOYT VALLEY STRIDERS	00:57:44	00:57:33	75		5	3
235	288	STEPHANIE MCARDLE-WATSON	F	FSEN	TRAWDEN ATHLETIC CLUB	00:57:52	00:57:40	76		37	1
236	368	ROSEMARIE MCARDLE	F	FV45	BRAMHALL RUNNERS	00:57:52	00:57:41	77		13	5
237	225	DANIELLE MARCH	F	FV40		00:57:55	00:57:43	78		10	
238	36	PHILIPPA ATHA	F	FV50	POYNTON RUNNERS	00:57:56	00:57:23	79		10	12
239	194	ELIZABETH MARTIN	F	FV45		00:57:58	00:57:49	80		14	

240	358	ROSANNA O'SULLIVAN	F	FSEN		00:58:03	00:57:51	81		38	
241	175	PAUL DALE	M	MV70		00:58:03	00:57:41		160	3	
242	182	LISA SWEENEY	F	FV40		00:58:14	00:57:44	82		11	
243	2	RICHARD FURNISS	M	MV55	MARPLE RUNNERS	00:58:17	00:58:01		161	24	9
244	94	DANIEL CULSHAW	M	MV50		00:58:21	00:57:52		162	13	
245	263	PAUL BLISSETT	M	MV50	MARPLE RUNNERS	00:58:26	00:58:10		163	14	10
246	227	PETRA JURIKOVA	F	FV40		00:58:29	00:58:12	83		12	
247	93	WILL ELLIS	M	MSEN		00:58:30	00:58:07		164	58	
248	52	LISA DONNELLY	F	FV45		00:58:34	00:57:58	84		15	
249	129	MARK BLEASDALE	M	MV60		00:58:40	00:58:21		165	13	
250	154	ANN MCLAUGHLIN	F	FV55	MANCHESTER HARRIERS & AC	00:58:44	00:58:14	85		6	1
251	56	CHRISTOPHER PLATT	M	MV45		00:58:47	00:58:27		166	24	
252	67	LUCY MARSTON	F	FSEN		00:58:51	00:58:26	86		39	
253	32	GRAHAM BOXER	M	MV65	SWINTON RUNNING CLUB	00:58:54	00:58:39		167	9	1
254	361	JUDE GRADY	F	FV40	POYNTON RUNNERS	00:58:57	00:58:34	87		13	13
255	29	REBECCA SCANLON	F	FV45		00:58:58	00:58:27	88		16	
256	197	LAURA MCKINLAY	F	FSEN		00:59:01	00:58:38	89		40	
257	284	JOANNA COLE	F	FV40	POYNTON RUNNERS	00:59:02	00:58:47	90		14	14
258	200	MATTHEW DAVIES	M	MSEN		00:59:05	00:58:56		168	59	
259	339	LAUREN MOWAT	F	FSEN		00:59:08	00:58:44	91		41	
260	425	RICHARD JANES	M	MSEN		00:59:13	00:58:52		169	60	
261	199	PAUL LEACH	M	MV55		00:59:16	00:58:55		170	25	
262	189	JOSEPH QUICK	M	MSEN		00:59:16	00:58:48		171	61	
263	390	STEPHEN COTTER	M	MSEN		00:59:20	00:58:49		172	62	
264	69	JESS WOOD	F	FSEN	POYNTON RUNNERS	00:59:23	00:59:00	92		42	15
265	71	TIM BYRNE	M	MV55	BRAMHALL RUNNERS	00:59:25	00:59:17		173	26	11
266	91	KEVIN STOUT	M	MSEN		00:59:34	00:59:12		174	63	
267	195	HELEN ADAMS	F	FV50		00:59:41	00:59:15	93		11	
268	269	JANE DEAVILLE	F	FV50		00:59:42	00:59:04	94		12	
269	277	MALCOLM ADAMS	M	MV70	POYNTON RUNNERS	00:59:54	00:59:34		175	4	20
270	345	EMMA MOONEY	F	FV40	MARPLE RUNNERS	01:00:02	00:59:34	95		15	6
271	30	MOLLY WORTLEY	F	FSEN		01:00:02	00:59:50	96		43	
272	169	NATALIE BAILEY	F	FV40	SOUTH CHESHIRE HARRIERS	01:00:18	01:00:00	97		16	1
273	282	GEMMA MARCHANT	F	FSEN		01:00:23	01:00:18	98		44	
274	153	RHONA JOHNSON	F	FV60	BRAMHALL RUNNERS	01:00:31	01:00:06	99		5	6
275	63	NICK CARTER	M	MV40		01:00:32	01:00:14		176	23	
276	220	CLAIRE TANNER	F	FV50		01:00:32	00:59:54	100		13	
277	270	SIMON RUSHTON	M	MV55	MARPLE RUNNERS	01:00:40	01:00:25		177	27	11
278	127	ALISTAIR JORDAN	M	MV60	MARPLE RUNNERS	01:00:40	01:00:25		178	14	12
279	81	JO SIDDALL	F	FV50	POYNTON RUNNERS	01:00:43	01:00:21	101		14	16
280	214	PAMELA MCCOLL	F	FV55		01:00:44	01:00:29	102		7	
281	289	JULIE EDGE	F	FV50	RUN SANDYMOOR	01:00:46	01:00:26	103		15	1
282	306	MAISIE HOGAN	F	FSEN		01:00:50	01:00:29	104		45	
283	159	PHILIP BROADBENT	M	MV50		01:00:57	01:00:25		179	15	
284	236	SARAH KELLY	F	FV45		01:01:03	01:00:51	105		17	
285	276	IAIN SCANLON	M	MSEN		01:01:05	01:00:33		180	64	
286	256	ALAN JENKINSON	M	MV75	STYAL RUNNING CLUB	01:01:08	01:01:02		181	1	2
287	222	PETER EVANS	M	MV55		01:01:10	01:00:43		182	28	
288	375	NICOLA HODGSON	F	FSEN		01:01:23	01:01:04	106		46	
289	337	CLAIRE NORTHCOTE	F	FV60	ORPINGTON ROAD RUNNERS	01:01:23	01:01:03	107		6	1
290	33	SIMON HUGHES	M	MV40		01:01:31	01:01:00		183	24	
291	431	LEANNE DULSON	F	FV45		01:01:33	01:01:15	108		18	
292	12	ANTONY BYATT	M	MV55	VEGAN RUNNERS UK	01:01:37	01:01:09		184	29	1
293	163	BETHAN SCORER	F	FSEN	POYNTON RUNNERS	01:01:38	01:01:09	109		47	17
294	164	SHELLEY MORRALL	F	FV40		01:01:52	01:01:39	110		17	
295	128	ALEXIS DINSMOR	F	FV70	STOCKPORT HARRIERS & AC	01:02:10	01:01:55	111		1	5
296	251	LEE MCCOURT	M	MV40		01:02:26	01:02:04		185	25	
297	364	JENNA YOUNG	F	FSEN		01:02:29	01:02:04	112		48	
298	213	SARAH LYNCH	F	FV45		01:02:33	01:01:58	113		19	
299	362	CATHERINE COWIE	F	FV45		01:02:39	01:02:34	114		20	
300	374	HAYLEY HALL	F	FV55	BRAMHALL RUNNERS	01:02:45	01:02:28	115		8	7
301	185	SARAH MOORES	F	FV40		01:02:49	01:02:32	116		18	
302	158	SUE CAMPBELL	F	FV65		01:02:49	01:02:18	117		1	
303	365	AMY HALL	F	FSEN		01:02:49	01:02:22	118		49	
304	366	EMILY HALL	F	FSEN		01:02:49	01:02:22	119		50	
305	301	HELEN KLASS	F	FV40		01:02:56	01:02:46	120		19	
306	224	KERRY GRANGER	F	FSEN	SWINTON RUNNING CLUB	01:03:03	01:02:36	121		51	1
307	38	LAURA AHEARN	F	FV40	MARPLE RUNNERS	01:03:04	01:02:36	122		20	7
308	64	KIM WHITE	F	FSEN	SOS RUNNING	01:03:05	01:02:45	123		52	1
309	37	IAN GALLOWAY	M	MV50	MARPLE RUNNERS	01:03:06	01:02:38		186	16	13
310	323	LORENA MCCRACKEN	F	FSEN		01:03:11	01:02:43	124		53	
311	233	JOANNE CUNDIFF	F	FV40		01:03:23	01:03:09	125		21	
312	216	HANNAH SMITH	F	FV40	MARPLE RUNNERS	01:03:30	01:03:00	126		22	8
313	156	RACHEL MORRIS	F	FSEN		01:03:47	01:03:28	127		54	
314	157	DAVID LENNIE	M	MSEN		01:03:48	01:03:29		187	65	
315	26	BEN SHEPPARD	M	MSEN		01:03:48	01:03:28		188	66	
316	17	SIMON DAKIN	M	MV60	MARPLE RUNNERS	01:03:52	01:03:23		189	15	14
317	291	KATHERINE GOLDEN	F	FV40		01:03:55	01:03:18	128		23	
318	406	MANNY BOTWE	M	MV40		01:04:08	01:03:59		190	26	
319	140	KATHRYN COOPER	F	FSEN	MARPLE RUNNERS	01:04:18	01:03:48	129		55	9

320	308	EMMA MILLICAN	F	FSEN		01:04:24	01:03:59	130	56	
321	264	SARAH BENTLEY	F	FV50		01:04:27	01:03:49	131	16	
322	96	KATIE JENKINSON	F	FSEN		01:04:36	01:04:25	132	57	
323	130	EMMA BAILEY	F	FSEN		01:04:54	01:04:20	133	58	
324	4	PAUL BAILEY	M	MV60		01:04:56	01:04:21		191	16
325	136	STEVEN WALL	M	MV55		01:04:57	01:04:33		192	30
326	21	JO LANGRIDGE	F	FV50	POYNTON RUNNERS	01:04:58	01:04:34	134	17	18
327	151	NEIL SMITH	M	MV50		01:05:04	01:04:39		193	17
328	46	DEBBIE MILLINGTON	F	FV40	LONELY GOAT RC	01:05:08	01:04:32	135	24	1
329	257	ROZ MCCOY	F	FV55	VEGAN RUNNERS UK	01:05:16	01:04:42	136	9	1
330	266	NIKKI BURGESS	F	FV50	MANCHESTER HARRIERS & AC	01:05:24	01:04:52	137	18	2
331	148	TRACY FARRELL	F	FSEN	MANCHESTER HARRIERS & AC	01:05:25	01:04:54	138	59	3
332	184	CLAIRE WOOLLISCROFT	F	FV45		01:05:27	01:05:05	139	21	
333	412	LAURA HILLIARD	F	FSEN		01:05:30	01:05:01	140	60	
334	324	MAGS BRADBURY	F	FV45		01:05:34	01:05:07	141	22	
335	325	ANTHONY WRIGLEY	M	MV45		01:05:34	01:05:08		194	25
336	177	CHARLOTTE PHILLIPS	F	FV40	POYNTON RUNNERS	01:05:40	01:05:16	142	25	19
337	191	AIMEE TOWNLEY	F	FSEN		01:05:54	01:05:22	143	61	
338	423	HAZEL HARRINGTON	F	FV60	BRAMHALL RUNNERS	01:06:09	01:05:55	144	7	8
339	313	MARTYN MANCEY-JOHNSON	M	MSEN		01:06:10	01:05:56		195	67
340	229	JULIE LUCAS	F	FV55	WILMSLOW RUNNING CLUB	01:06:11	01:05:58	145	10	3
341	19	WENDY CORNAH	F	FV50		01:06:27	01:05:50	146	19	
342	379	PENNY WRINCH	F	FV50	BRAMHALL RUNNERS	01:06:51	01:06:27	147	20	9
343	133	ELAINE DEVINE	F	FV65	STOCKPORT HARRIERS & AC	01:07:00	01:06:28	148	2	6
344	212	FANNY SEVERAC	F	FV40		01:07:04	01:06:47	149	26	
345	211	SARAH FORD	F	FV45		01:07:04	01:06:48	150	23	
346	40	DAVID BROWN	M	MV55		01:07:14	01:06:41		196	31
347	155	BARRY JOHNSON	M	MV60	POYNTON RUNNERS	01:07:42	01:07:18		197	17
348	161	HOLLY NETTLE	F	FV45	MACCLESFIELD HARRIERS & AC	01:08:00	01:07:50	151	24	5
349	187	KAREN O'GRADY	F	FV40		01:08:00	01:07:51	152	27	
350	143	CHRIS FISHER	M	MV50		01:08:11	01:07:57		198	18
351	261	GEMMA HALLWORTH	F	FV40		01:08:20	01:08:05	153	28	
352	357	NATASHA GETCHEFFSKY	F	FSEN		01:08:50	01:08:37	154	62	
353	68	NICOLA RICHARDS	F	FSEN		01:08:52	01:08:30	155	63	
354	396	VICKY CARTY	F	FV45		01:09:03	01:08:43	156	25	
355	395	DEBBIE WALDRON	F	FV45	SPORTS FEET	01:09:06	01:08:46	157	26	1
356	219	HEATHER SIMPSON	F	FV55		01:09:07	01:08:46	158	11	
357	329	KATIE DRAPER	F	FSEN		01:09:08	01:08:35	159	64	
358	198	JENNIFER MANCEY	F	FSEN		01:09:40	01:09:27	160	65	
359	13	STEVE MARSTON	M	MV55		01:09:41	01:09:14		199	32
360	16	SIMON JOHNSON	M	MSEN		01:10:10	01:09:51		200	68
361	377	LESLEY MILLICAN	F	FV50		01:10:24	01:10:00	161	21	
362	428	HELEN WHITE	F	FV55	BRAMHALL RUNNERS	01:10:51	01:10:26	162	12	10
363	271	MARIA RUSHTON	F	FV55	MARPLE RUNNERS	01:10:51	01:10:25	163	13	10
364	88	ANDREW WINT	M	MV55		01:10:52	01:10:19		201	33
365	87	HANNAH WINT	F	FSEN		01:10:52	01:10:19	164	66	
366	280	ROB HEYWOOD	M	MV55		01:10:53	01:10:27		202	34
367	138	PETER BOULTON	M	MV75	ROYTON ROAD RUNNERS	01:11:03	01:10:22		203	2
368	137	TANSY WILSON	F	FV45	ROYTON ROAD RUNNERS	01:11:03	01:10:23	165	27	1
369	432	KAREN WELLINGTON	F	FV55		01:11:12	01:10:39	166	14	
370	433	POLLY WHITTLE	F	FV75		01:11:25	01:10:53	167	1	
371	196	MORAG MORGAN	F	FV70	BRAMHALL RUNNERS	01:11:52	01:11:22	168	2	11
372	73	LYNDESEY HOLLAND	F	FV55		01:12:03	01:11:31	169	15	
373	311	CHARLOTTE SEFTON	F	FSEN		01:12:09	01:11:33	170	67	
374	380	DANIEL MOWAT	M	MSEN		01:12:11	01:11:36		204	69
375	268	CATRIN MORRIS	F	FSEN		01:12:12	01:11:44	171	68	
376	10	ELLEN CLIFF	F	FV40		01:12:16	01:11:42	172	29	
377	11	JULIE FARRELL	F	FV40		01:12:16	01:11:42	173	30	
378	180	MELANIE LI	F	FV50	BRAMHALL RUNNERS	01:12:21	01:12:05	174	22	12
379	258	CHRISTINE ADKINS	F	FV65	BRAMHALL RUNNERS	01:12:22	01:12:06	175	3	13
380	239	JESSICA HATTON	F	FSEN		01:12:38	01:12:03	176	69	
381	15	NICOLA FISHER	F	FV50		01:12:57	01:12:42	177	23	
382	391	JESSICA MAWDSLEY	F	FSEN		01:13:14	01:12:43	178	70	
383	242	DECLAN HINDS	M	MSEN		01:14:09	01:13:45		205	70
384	356	COLIN HINDS	M	MV50		01:14:11	01:13:45		206	19
385	77	MAREE MURCH	F	FV45	POYNTON RUNNERS	01:14:28	01:13:51	179	28	20
386	403	DAVID MURCH	M	MV50	POYNTON RUNNERS	01:14:29	01:13:52		207	20
387	341	ALUN MURCH	M	MV45	POYNTON RUNNERS	01:14:29	01:13:54		208	26
388	167	JOANNE LEVESCONTE	F	FSEN		01:14:47	01:14:10	180	71	
389	20	KIRSTY DILLON	F	FSEN		01:15:11	01:14:54	181	72	
390	5	BARBARA ANN WILKINSON	F	FV65		01:15:41	01:15:06	182	4	
391	319	KERRIE DOLAN	F	FV45		01:15:51	01:15:11	183	29	
392	243	HARRIET MOSS	F	FSEN		01:15:54	01:15:29	184	73	
393	45	KATE ESLEY-MCGHEE	F	FSEN	TNT	01:17:20	01:16:56	185	74	1
394	290	REBEKAH ARNTSEN	F	FSEN	TNT	01:17:20	01:16:57	186	75	2
395	7	DEBBIE BOARDMAN	F	FV50	STOCKPORT HARRIERS & AC	01:18:15	01:17:43	187	24	7
396	328	CLARE DRAPER	F	FSEN	BRAMHALL RUNNERS	01:18:48	01:18:14	188	76	14
397	327	PETER DRAPER	M	MV70	BRAMHALL RUNNERS	01:18:48	01:18:15		209	5
398	58	DAVID NIBLOCK	M	MV60	FYLDE COAST RUNNERS	01:21:56	01:21:26	210	18	1
399	53	DAVE TANNER	M	MV55		01:22:17	01:22:17	211	35	

400	54	CAROLINE TANNER	F	FV55		01:22:17	01:22:17	189	16	
401	134	SUZANNE BOOTHMAN	F	FV55	DAVENPORT RUNNERS	01:25:25	01:24:52	190	17	2
402	378	DIANA POWELL	F	FV65	BRAMHALL RUNNERS	01:26:16	01:25:45	191	5	15
403	439	VICTORIA HOLT	F	FV50		01:32:38	01:31:59	192	25	
404	440	JANNETTE FALLOWS	F	FV55		01:32:40	01:31:59	193	18	